



آغا خان یونیورسٹی ہسپتال

The Aga Khan University Hospital  
Clinical Laboratories

### Specimen Collection and Transportation Information

Test Name	Mnemonic	Section	Specimen Type
Cortisol	CORT	Clinical Chemistry	Serum

- **Preparation of the Patient:** Not required
- **Type of Collection Container:** Plain/Gel tube
- **Types and Amounts of Preservatives or Anticoagulants:** Not required
- **Quantity of Specimen to be Collected:** 3 -5cc
  - **Minimum Quantity:** 3cc
- **Transportation Temperature:** 18-25°C
- **Need for Special Timing for Collection (where applicable):** Not applicable
- **Specimen Stability Information:** Stable for 8 hours at room temperature 18-25° C  
For longer period freeze at -20°C
- **Special Instruction:** Not required
- **Rejection Criteria:** Wrong tube, QNS, Hemolysis, Wrong Identification
- **Need for Appropriate Clinical Data, When Indicated (Patient history):** Not Required

Methodology	Reporting Scheme	Day Performed	Cut Off Time Main Lab	Cut Off Time Karachi Points	Cut Off Time Out of Karachi Points
Chemiluminiscence	Monday, Thursday and Saturday	Daily	11:00am	11:00am	11:00am