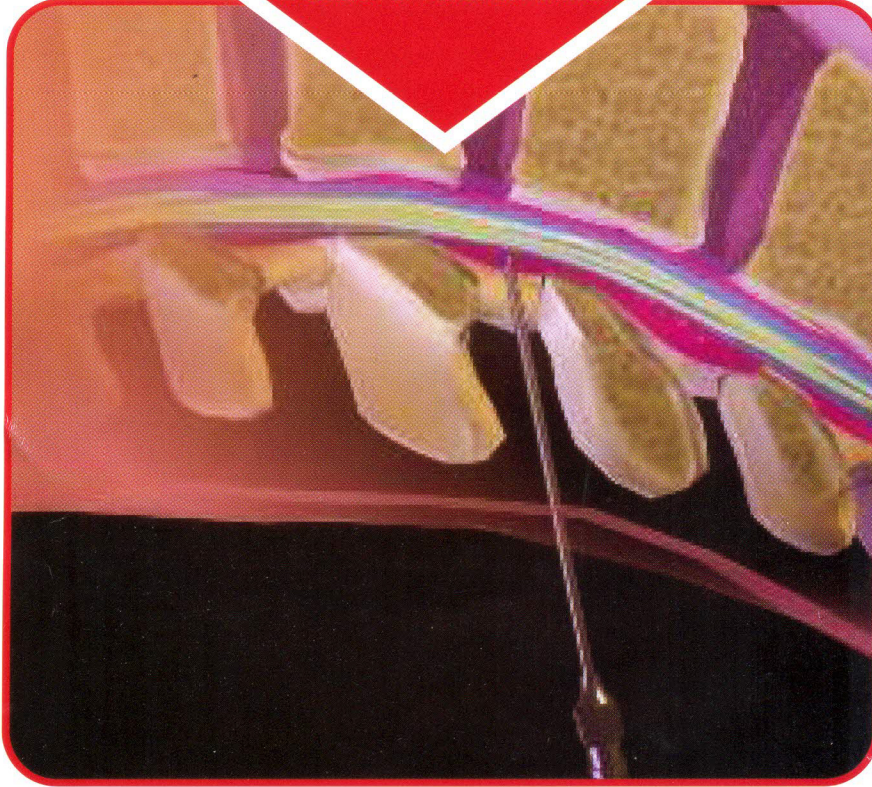


CELIAC PLEXUS BLOCK PROCEDURE FOR ABDOMINAL PAIN RELIEF

(CHRONIC AND CANCER / PAIN)

A Guide For Patients/Families



This brochure provides information about chronic and cancer / painits causes, sign and symtoms and treatment. It is designed to respond to questions most frequently asked by patients.



آغا خان یونیورسٹی ہسپتال، کراچی

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WHAT IS CELIAC PLEXUS BLOCK?

Celiac plexus is a procedure where injection is given over an area of a group of nerves which supply the abdominal organs

WHY IS A CELIAC PLEXUS BLOCK PERFORMED?

Celiac plexus block is performed to diagnose and treat abdominal pain coming from organs like pancreas, stomach, liver, gallbladder, spleen, kidneys and intestine. The pain that is caused by cancer of pancreas and stomach responds specially well to this procedure.

WHAT ARE THE BENEFITS OF THIS TREATMENT?

Patients generally get significant pain relief by this procedure. This will also help in reducing the requirement of other pain medication including narcotic.

WHAT YOU NEED TO DO FOR THE PROCEDURE?

When your pain physician advises you for this procedure:

- You are required to do some blood tests
- You will be given an appointment according to the schedule of operating room.
- On the day of procedure you have to come with empty stomach for 6 hours at the appointment time
- Report your arrival at surgical day care located in D1 ward on first floor.
- You will be discharged the same day within few hours after the procedure.



WHAT HAPPENS DURING THE PROCEDURE?

Procedure is done in the operating room. An intravenous (I/V) cannula would be placed in your arm prior to the procedure. During procedure you will lie face down on a table in operating room. Procedure will be done under fluoroscopy (x-ray guide). Your back will be cleaned with an antiseptic solution and then area where specific needle enter will be numbed. The fluoroscopic views will guide your doctor about the correct placement of needle and local anesthetic with steroid or alcohol/phenol will be injected close to the nerves through needle.

HOW LONG DOES THE PROCEDURE TAKE?

About 30-45 minutes

WHAT ARE ITS COMMON SIDE EFFECTS?

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FOR HOW LONG THIS PROCEDURE PROVIDE PAIN RELIEF?

When local anesthetic solution is used it work for hours to days and therefore is used to diagnose pain only. When alcohol/phenol (nerve destructing drugs) is used, it may work for months to years because nerves will be damaged by them.



WHEN I WILL BE DISCHARGED?

After the procedure you will be transferred to recovery room where a nurse will monitor your blood pressure and pulse for 30 minutes. Then you will be transferred to day care ward for discharge process that may take 1-2 hours.

Remember you are not allowed to drive after your procedure, so you must have some one to drive you home

For further information, please Call:

Consulting Clinic - 3

CC-3

Monday - Friday 8:00 am - 5:00 pm

Pager #: 7444

Sat & Sunday: 8:00 am - 5:00 pm

Pager #: 7419

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