



آغا خان یونیورسٹی ہسپتال

The Aga Khan University Hospital

## Family Medicine Executive Health Package

### Obesity Screening Package

Package Price: PKR 30,050  
(prices subject to change without prior notice)

### Beat OBESITY Before It Beats You

A healthy body is necessary for a healthy mind. Obesity affects your performance and productivity. People who are obese are at a greater risk of developing heart and kidney diseases.

Taking care of your body and maintaining a healthy body weight is extremely important. It gives you the energy to do more in life leading to satisfaction and happiness.

The Aga Khan University Hospital offers an obesity assessment package, to help you gauge your fitness level and guide you in maintaining a healthy lifestyle.

The screening package includes the following:

- 1) Check-Up by a Consultant Family Physician
- 2) Complete Blood Count (CBC)
  - White Blood Cell Count (WBC, Leukocyte)
  - White Blood Cell Count (WBC, Differential)
  - Red Blood Cell Count (RBC)
  - Red Blood Cell Indices
  - Hematocrit (HCT)
  - Packed Cell Volume (PCV)
  - Hemoglobin (Hgb)
  - Platelet Count (Thrombocyte)
- 3) Blood Sugar Test (Glucose Fasting) - 12 hours fasting required
- 4) Lipid Profile
- 5) Basic Liver Function Test (SGPT)
- 6) Creatinine
- 7) Electrocardiogram
- 8) Vitamin-D
- 9) Ultrasound Upper Abdomen
- 10) Urine Detailed Report
- 11) Body Mass Index and % Visceral Body Fat
- 12) Breakfast

### Make Your Appointment Today

☎ Main Campus and Clifton Medical Services: 021 111 911 911

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