



آغا خان یونیورسٹی ہسپتال

The Aga Khan University Hospital
Clinical Laboratories

Specimen Collection and Transportation Information

Test Name	Mnemonic	Section	Specimen Type
Glucose Tolerance Test	GTT-2HR / SGTT-2HR / GTT/ OGTT-GD	Clinical Chemistry	Plasma

- **Preparation of the Patient:** Fasting (8-10 Pregnancy & 12-14 All Others)
- **Type of Collection Container:** Sodium Fluoride
- **Types and Amounts of Preservatives or Anticoagulants:** Sodium Fluoride
- **Quantity of Specimen to be Collected:** 3-5cc
 - **Minimum Quantity:** 3cc
- **Transportation Temperature:** 18-25°C (For 8 Hours) 2-8°C after 8 hours to 24 hours
- **Need for Special Timing for Collection (where applicable):** Not applicable
- **Specimen Stability Information:** Stable for 8 hrs. at 25-30°C, 48 hrs. at 2-8 °C and for longer storage -20°C
- **Special Instruction:** Not required
- **Rejection Criteria:** Wrong Tube, Quantity not sufficient, Hemolysis , Wrong identification
- **Need for Appropriate Clinical Data, When Indicated (Patient history):** Not Required

Methodology	Reporting Scheme	Day Performed	Cut Off Time Main Lab	Cut Off Time Karachi Points	Cut Off Time Out of Karachi Points
Hexokinase	Daily Mon to Saturday Cutoff 12:00 pm	Daily	12:00 pm	12:00 pm	12:00 pm