

Instructions for Australian Departure Health Checkup (DHC) Services

Salient Features:

- The process comprises of one Visit, except in rare cases where two or more visits are required.
- Consultation will be provided at Clifton Medical Services (CMS). However, in case of further investigations or unavailability of services, cases may be referred to AKUH Stadium Road (in rare cases)
- Please note that in the absence of the required documents consultation visit for DHC would be postponed. Package prices* (exclusive vaccinations and further treatment visits or referrals)
- Consultation will be provided by highly trained and credentialed doctors under one roof facility.

Please note the following:

- Complete information should be given during the time of consultation in case any medical escort is required for travel.
- All applicants are requested to bring their past vaccination record including polio.
- Additional charges will be applied in case of any further investigation related to lab, radiology, etc.
- Departure Health Checkup is mandatory to be done before 72 hours of departure therefore it is advised to book your DHC one week prior of your travel date.

| Charges for Male & Female Applicants (Each) | | | | | | |
|---|---------------------|----------------------|-------------|---------------|----------------------------------|--------------|
| Age Group | Package Cost in Rs. | Details. | | | | |
| | | Physical Examination | Chest X-Ray | TST (Montoux) | UPT (Urine Test) for Female Only | Malaria Test |
| 0-5 years | 13,100 | √ | x | x | x | √ |
| 5-11 years | 14,700 | √ | x | √ | x | √ |
| 11- 15 years | 14,700 | √ | x | √ | x | √ |
| 15 years + Female | 17,900 | √ | √ | x | √ | √ |
| 15 years + Male | 16,600 | √ | √ | x | x | √ |

Step 1: Appointment Booking & Confirmation:

Appointment-Based Visit 09:00 a.m. to 12:00noon, (appointment can be made by calling 0301-8225995 or 0213-3100010) Monday-Friday. (Approximate process time is 4 hours)

Step 2: Upon Arrival on the Appointment Time:

Please bring the following documents along with you.

1. Original Passport along with 01 copy of the same
2. Travel Ticket with confirmation of travel dates with 01 copy of the same
3. Letter for DHC from the Australian Embassy along with 01 copy of the same
4. Corresponding email address and active contact number

After documentation verification:

1) Applicants from 0 to under 02 years will undergo:

- i) Malaria Test
- ii) Consultation

2) Applicants from 02 to under 15 years will undergo:

- i) TST Mantoux test
- ii) Malaria Test
- iii) Consultation

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3) Applicants 15 years and above will undergo:

- i) Chest X-Ray (Please note: In case of pregnancy the chest X-Ray will still be required but will be done with proper protective shielding and consent. Pregnant women who do not wish to get a chest X-Ray at that time may wait till after the delivery. However, their medical examination will be delayed until their Chest X-Ray is done and they will have to inform the Embassy)
- ii) For female applicants only: UPT (Urine Pregnancy Test) is mandatory.
- iii) Malaria Test
- iv) Consultation

Important Records to bring during DHC:

The physician will review the above documents and

- 1) Laboratory/ Blood Tests from the last six months
- 2) Eyesight Glasses (Please note: Do not wear lenses)
- 3) List of Medications that you use daily.
- 4) Keep some cash handy for vaccinations/diagnostics and further referrals, if advised by the physician

Collection of Xray Envelop, (Approximate time 30 mins.)

- Applicant must present his/her original passport for Xray Envelope collection.
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