

Instructions for Australian Departure Health Checkup (DHC) Services

Salient Features:

- The process typically involves one visit, except in rare cases where two or more visits are required.
- Consultations are provided at Clifton Medical Services (CMS). However, in cases requiring further investigations or unavailable services, referrals may be made to AKUH Stadium Road (in rare cases).
- Please note that consultations will be postponed if the required documents are not presented.
- Package prices exclude vaccinations, additional treatment visits, or referrals.
- Consultations are conducted by highly trained and credentialed doctors from various specialties under one roof.

Please note the following:

- Complete medical information must be provided during the consultation, especially if a medical escort is required for travel.
- All applicants must bring their past vaccination records, including those for polio and COVID-19.
- Additional charges will apply for further investigations, such as lab tests, radiology, etc.
- The Departure Health Checkup must be completed before 72 hours of departure. It is advisable to book your DHC at least one week prior to your travel date.

Charges for Male and Female Applicants (Per Person)						
Age Group	Package Cost (PKR)	Details				
		Physical Examination	Chest X-ray	TST (Mantoux)	UPT (Urine Pregnancy Test)	Malaria Test
0-5 years	17,350	√	x	x	x	√
5- 15 years	19,480	√	x	√	x	√
15 years and above (Female)	23,710	√	√	x	√	√
15 years and above (Male)	22,000	√	√	x	x	√

Step 1: Appointment Booking and Confirmation

- Appointment-based visits are scheduled from **9:00 AM to 12:00 PM**, Monday to Friday.
- To book an appointment, call: **0301-8225995** or **0213-3100010**.
- The approximate processing time is **4 hours**.

Step 2: Upon Arrival at the Appointment Time:

Please bring the following documents:

1. **Original Passport** and one photocopy.
2. **Travel Ticket** with confirmed travel dates and one photocopy.
3. **DHC Letter** from the Australian Embassy, with one photocopy.
4. **Email Address and Active Contact Number**.

After documentation verification, the medical process by age group is as follows:

- 1) **Applicants aged 0-5 years will undergo:**
 - i) Malaria Test.
 - ii) Consultation.

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2) Applicants aged 5-15 years will undergo:

- i) TST Mantoux Test.
- ii) Malaria Test.
- iii) Consultation.

3) Applicants aged 15 years and above will undergo:

- i) Chest X-ray (Please note: Pregnant women will undergo a chest X-ray with protective shielding and consent. Women can choose to delay the X-ray until after delivery, which will postpone their medical clearance. The Embassy must be informed).
- ii) UPT (Urine Pregnancy Test): Mandatory for female applicants.
- iii) Malaria Test.

4) Applicants aged 15 years and above will undergo:

- i) Chest X-ray (Please note: Pregnant women will undergo a chest X-ray with protective shielding and consent. Women can choose to delay the X-ray until after delivery, which will postpone their medical clearance. The Embassy must be informed).
- ii) UPT (Urine Pregnancy Test): Mandatory for female applicants.
- iii) Malaria Test.

Important Items to Bring:

- 1) Laboratory or blood test results from the last six months.
- 2) Eyeglasses (if applicable). **Note:** Contact lenses are not allowed.
- 3) A list of daily medications.
- 4) Cash for vaccinations, diagnostics, or further referrals as advised by the physician.

Collection of X-ray Envelope:

- The approximate collection time is **30 minutes**.
 - Applicants must present their **original passport** to collect the X-ray envelope.
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