



آغا خان یونیورسٹی ہسپتال

The Aga Khan University Hospital

## Family Medicine Executive Health Packages

# Beat OBESITY Before It Beats You

(Obesity Screening Package)

Package Price: PKR 19,600

## Avoid Unnecessary Conditions Caused By Obesity

A healthy body is necessary for a healthy mind. Obesity affects your performance and productivity. People who are obese are at a greater risk of developing heart and kidney diseases.

Taking care of your body and maintaining a healthy body weight is extremely important. It will give you energy to do more in your life leading to satisfaction and happiness.

The Aga Khan University Hospital offers an obesity assessment package, to help you gauge your fitness level and guide you in maintaining a healthy lifestyle.

The screening package includes the following:

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|--|---|
| 1) Check-Up By A Consultant Family Physician | 4) Lipid Profile                            |
| 2) Complete Blood Count (CBC)                | 5) Basic Liver Function Test (SGPT)         |
| ➤ White Blood Cell Count (WBC, Leukocyte)    | 6) Creatinine                               |
| ➤ White Blood Cell Count (WBC, Differential) | 7) Electrocardiogram                        |
| ➤ Red Blood Cell Count (RBC)                 | 8) Vitamin-D                                |
| ➤ Red Blood Cell Indices                     | 9) Ultrasound Upper Abdomen                 |
| ➤ Hematocrit (HCT)                           | 10) Urine Detailed Report                   |
| ➤ Packed Cell Volume (PCV)                   | 11) Body Mass Index and % Visceral Body Fat |
| ➤ Hemoglobin (Hgb)                           | 12) Breakfast                               |
| ➤ Platelet Count (Thrombocyte)               |   |
| 3) Blood Sugar Test (Glucose Fasting)        |   |

## Make Your Appointment Today

☎ Main Campus and Clifton Medical Services: 021 111 911 911

🕒 Monday to Saturday 9:00 AM - 5:00 PM

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