Information for Patients

Anticoagulation Therapy

Call Your Anticoagulation Clinic When:

- You miss two doses of Warfarin in a row.
- You start or stop any medications (including prescription medication, over-the-counter medications, herbal or natural products, vitamins or supplements)
- Your dietary intake of Vitamin-K contains food changes
- Report to emergency if you notice any unusual or prolonged bleeding (red or dark brown urine, red or dark tarry stools, nosebleeds lasting longer than 5 minutes) or significant bruising (from serious trauma or fall or bruising without significant injury)
- Report to emergency if you notice any unusual headache, chest pain, breathlessness or swelling in limbs, abdominal pain or blurred vision
- You develop a fever or a significant illness (vomiting, diarrhoea, any kind of infection, pain or swelling)
- You have been scheduled for a surgical, invasive or dental procedure
- Report to emergency if you are experiencing significant menstrual blood loss.
- You are pregnant or planning to get pregnant (note: warfarin is not to be taken in pregnancy)
- You have any questions about your Warfarin therapy

For more information, please contact:

Drug and Poison Information Centre,
Department of Pharmacy Services,
Aga Khan University Hospital, Karachi
P.O. Box 3500, Stadium Road,
Karachi-74800, Pakistan.
Tel: 021 3486 1504/1506
Email: drug.information@aku.edu
Website: hospitals.aku.edu/karachi/dpic

The Aga Khan University Hospital, Karachi

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