Ultrasound Appointment Guidelines

- All instructions are specific to scans performed in the Fetomaternal Unit.
- Clinic timings are from 9:00 am to 5:00 pm from Monday to Friday.
- To make an appointment, please come to the Fetomaternal reception at the B2 Ward, Second Floor, in person; no appointments will be made over the phone.
- The administrative staff will book initial scan according to the regular practice.
- If appointment slot is not available in the clinic diary then this will be discussed with the relevant consultant.
- All referrals for fetal abnormalities or growth disorders will be treated as emergencies and an appointment will be arranged within a week.

Prerequisites for Invasive Procedures at Fetomaternal Unit

- Patients are expected to come on time for their appointments and get registered.
- If the patient fails to reach at the assigned time, a grace period of 30 minutes will be given after which the appointment will be cancelled or rescheduled according to the next available slot.

Instructions for Ultrasound

- Full bladder is not required, so you will be asked to empty your bladder prior to the ultrasound.
- Fasting is not required.
- Gender of the baby is not disclosed, so kindly do not insist on it.
- Written consent by the patient for invasive procedure is mandatory.
- Blood group documentation is also essential.
- Unit receptionist or nurse will guide you towards the scan room.
- Ultrasound scan takes 20-30 minutes, following which you will be communicated about the findings.
- You will be given a copy of the report at the end of the examination.
- Most of the ultrasound scans are performed within an hour of arriving at the unit. However, sometimes there can be a delay as the patient before you may need detailed counselling.

For further information:
Section of Feto-Maternal Medicine and Neonatal Health
Aga Khan University Hospital - Karachi
Tel: 021 3486 2293

This brochure provides information and instruction guidelines to follow for ultrasound for the obstetrics and gynaecology department. It is designed to respond to questions most frequently asked by patients and their families.

Section of Feto-Maternal Medicine and Neonatal Health

The Aga Khan University Hospital, Karachi.

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