

Gastrografin Enema

Patient Information



What is a Gastrografin Enema?

A Gastrografin Enema is an X-ray test that provides information about the large bowel (colon) by filling it with gastrografin (a contrast medium) which helps get more detailed x-ray images. The gastrografin is introduced through a thin, flexible tube which is inserted into the rectum. The test is done to check if there is a leakage or any narrowing of the bowel.

How do I prepare for the procedure?

- You may eat or drink as usual before the procedure.
- Please inform your physician if you have any allergies or have had a bad reaction to any procedure in the past.

What will happen during the procedure?

- You will be asked to lie on an x-ray table.
- A flexible tube will be inserted into the rectum.
- The gastrografin fluid will be introduced into the large bowel through the tube.
- You will have to move into different positions to make sure that the bowel is covered with gastrografin completely.
- Once the bowel is completely coated with gastrografin, x-ray images will be taken.
- After the images are taken, the gastrografin will be drained out through the same tube. Later, you will be asked to go to the toilet to expel the remaining medium.

What will happen after the procedure?

- You may need to go to the toilet immediately after the procedure.
- It is advisable to stay within reach of a toilet for at least an hour.

Will the procedure hurt?

- The insertion of the flexible tube into the rectum may be slightly uncomfortable.
- As your bowel is filled with gastrografin, you may feel some discomfort.

Please contact your doctor if you have any signs of an allergic reaction including itching, redness, difficulty breathing, swelling or dizziness.

Scheduling your appointment

Please call the AKUH Contact Centre on 021-111-911-911 to book your appointment.

Please note the following:

- Make sure that you have your doctor's prescription and previous medical/radiology records on the day of your procedure.
- Arrive 15 minutes before the scheduled time for registration and other formalities. Late arrival may lead to delay/rescheduling of your examination.

- Patients requiring urgent care may be given priority. This may result in a delay in starting your procedure. Your cooperation in this regard will be highly appreciated.
- If you are pregnant, inform your doctor before the procedure as it may need to be rescheduled or cancelled.
- It is advisable to bring an attendant with you.
- If you have any queries please contact us at 021-111-911-911.