Indications:
PPIs are a class of drugs used to treat heartburn, acid indigestion, sour stomach, ulcers, GERD (gastrointestinal reflux disease) and Zollinger Ellison Syndrome (a hereditary defect which causes the stomach to make extra acid).

Long term use related side effects:
- Deficiency of some vital minerals and vitamins.
- Increase frequency of bone fractures
- Bacterial infections.

What to do if a dose is missed:
- Take the missed dose as soon as you remember
- Skip the missed dose if it is almost time for your next scheduled dose
- Do not take extra medicine to make-up for the missed dose

What to do if there is an overdose:
- Seek immediate emergency medical attention for any suspected overdose.

Directions for use:
- Take the medication as directed by your doctor
- Take the medication one hour before meal at the same time each day
- The medication should be swallowed whole. Do not chew or crush the granules
- Take with water, orange or apple juice, or yogurt

Tell your doctor if you:
- Are allergic to PPIs
- Take any other prescription or non-prescription medicine
- Have liver disease
- Are pregnant, planning to become pregnant or breast-feeding

Common side effects:
- Flatulence (Gas)
- Dry mouth
- Change in taste

For more information, please contact:
Drug and Poison Information Centre, Department of Pharmacy Services,
Aga Khan University Hospital, Karachi
P.O. Box 3500, Stadium Road, Karachi-74800, Pakistan.
Tel: 021 3486 1504/1506; Email: drug.information@aku.edu; Website: hospitals.aku.edu/karachi/dpic

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