

Sialogram

Patient Information



Sialogram

What is a Sialogram?

A Sialogram is an X-ray examination that gives information about any blockage in the salivary glands or ducts in the mouth. In this test, a small amount of contrast medium is injected into the salivary duct before taking routine X-ray images. This contrast medium helps get a clearer view of obstructions in the gland.

How do I prepare for the procedure?

- Please inform your doctor if you have any allergies or have had a bad reaction to any test in the past.
- Let your doctor know if you are taking any blood thinning medications, as these may need to be stopped.
- Leave all kinds of jewellery, including any nose pins, at home.
- You may be asked to remove your dentures, if any.
- You can eat and drink normally before the test.

What will happen during the procedure?

- Before the start of the actual procedure, X-ray images will be taken to look for possible blockages that may prevent the contrast medium from entering into the duct.
- The radiologist will then place a small, flexible tube through your mouth into the salivary gland.
- Using this tube, some contrast medium will be injected into the salivary duct.
- A series of X-ray images will be taken. The contrast will help get clear pictures of the salivary gland.
- Once the radiologist has relevant images, the tube will be removed.
- The test usually takes about 30 minutes.

What will happen after the procedure?

- You may feel slight pain or discomfort where the tube was inserted.
- You will be required to gently massage the salivary glands so that the dye can drain from the duct. The dye may taste bitter; however, it is safe to swallow the substance.
- You may go home and resume your normal activities immediately after the test.
- Please contact your doctor if you have any signs of an allergic reaction which may include: itching, redness, difficulty in breathing, swelling or dizziness.

Will the procedure hurt?

You may feel slight pain and/or discomfort when the contrast material is injected. However, the feeling will go away in a few minutes.

How do I schedule an appointment?

The Radiology department reception takes appointments 24/7. Alternatively, you may call our Contact Centre at 021-111-911-911.

Please note the following:

- Make sure that you have your doctor's prescription and previous medical/radiology records available.
- Arrive at least 15 minutes before the test for registration and other formalities. Late arrival may result in a delay or rescheduling of the test.
- Patients requiring urgent care may be given priority. This may lead to a slight delay in the commencement of your test. Your cooperation in this regard will be highly appreciated.
- If there is a possibility that you might be pregnant, inform your physician prior to the test. Your doctor may postpone or cancel the test.
- It is advisable to bring an attendant with you.
- If you have any queries please contact us at 021-111-911-911.