

Sinogram

Patient Information



What is a Sinogram?

A sinogram is a specialised x-ray procedure which allows the examination of any abnormal opening in the sinus tract, an abnormal channel in the body. The exam involves the injection of x-ray dye into the opening to see the size of the cavity of the sinus tract and the extent of its involvement with other structures.

How do I prepare for the procedure?

- You may eat and drink as usual before the procedure.
- Tell your doctor, if you are taking any blood thinning medications, as these may need to be stopped.
- Inform your doctor if you have any allergies or have had a bad reaction to any procedure in the past.

What will happen during the procedure?

- You will be asked to lie on an x-ray table.
- The area to be examined will be cleaned with an antiseptic solution.
- You may be given a local anaesthetic to numb the area being investigated.
- A small tube will be inserted into the opening of the sinus tract.
- Contrast material will be injected through the tube while X-ray images are being taken.
- Images will be taken from different angles that may require you to change positions.
- The procedure usually takes 30-45 minutes.

Will the procedure hurt?

- You may feel slight discomfort or bruising at the site of the injection. This should go away in a while. However, if the problem persists, please contact your doctor immediately.
- Also contact your doctor if you:
 - Bleed
 - Have a severe pain at the site of tract opening
 - Have any signs of an allergic reaction including itching, redness, difficulty breathing, swelling or dizziness.

What will happen after the procedure?

- The area around the sinus tract will be cleaned and bandaged.
- You can leave after the test and resume your usual daily activities.

How do I schedule my appointment?

The Radiology department reception takes appointments 24/7. You may also call our Call Centre at 021-111-911-911 to book your appointment.

Please note the following:

- Make sure that you have your doctor's prescription and previous medical/radiology records available.

- Arrive 15 minutes before the procedure for registration and other formalities. Late arrival may lead to a delay or rescheduling of your examination.
- Patients requiring urgent care may be given priority. This may result in a slight delay in the commencement of your examination. Your cooperation in this regard will be highly appreciated.
- If you are pregnant, inform your physician prior to the test. Your test may need to be postponed or cancelled.
- It is advisable to bring an attendant with you.
- If you have any queries, please contact us at 021-111-911-911.