

FAMILY MEDICINE

Family Medicine Clinic

Family Medicine services are situated in two locations at AKUH to serve your needs: Nazerali-Walji Building and Community Health Centre. Please refer to the clinics schedule given below. Walk-ins (patients without appointments) are also welcome and will be seen if time is available. Please arrive 15 minutes before your appointment for prompt service.



For further information and assistance on the Family Medicine Service, please call:

Nazerali-Walji Building (NW2)
Tel. 3486 5789 / 3486 5790

Community Health Centre
Tel. 3486 1493

Family Medicine Department
Tel. 3486 4841 / 3486 4843

email: family.medicine@aku.edu

July 2013:ICN # 215672



آغا خان یونیورسٹی ہسپتال، کراچی

The Aga Khan University Hospital, Karachi.



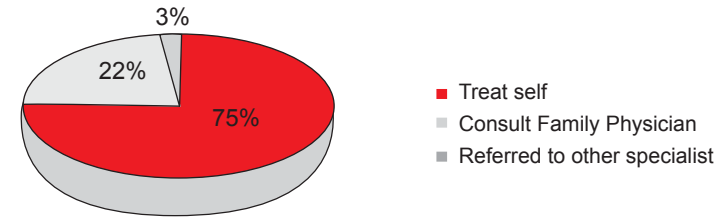
The Family Medicine Service

Aga Khan University Hospital (AKUH) is the pioneer in offering Family Medicine Services in Pakistan. The basic idea of the service is to provide affordable health care for the entire family, not only when they are sick but also to help them remain healthy. The Family Medicine service at AKUH offers:

- Outpatient Clinics (on-campus & off-campus)
- Minor surgical procedures
- Executive Medical Check-ups
- Pre-employment: annual check-up and screening for employees (WHO, UNO and other multinational corporations)
- Women's health screening service
- Immunization service
- Counselling service (self-relaxation, pain management and care for terminally ill patients and their families)
- Health promotion, screening and management service (High blood pressure, Hepatitis, Diabetes, Cholesterol, Arthritis etc.)
- Smoking cessation
- Cholesterol control and weight reduction
- Family planning service
- Geriatric care
- Home Health Care
- Immigrants medical check-ups (US, New Zealand)
- Corporate medical services (Medical examination for Insurance, onsite doctors & paramedical staff; medical evacuation (Medevac); corporate health awareness programs; nutrition assessment)

A Family Physician Provides:

- Diabetes preventions and care
- Caring personalised attention
- Comprehensive and expert outpatient care for your entire family- men, women, children and prenatal care. Most problems (90%) in all age groups can be handled by a Family Medicine specialist. Some may require consultation with other carefully selected specialists;



Management of medical problems in the community

- **Cost-effective care** to get the maximum health benefit. Multiple problems can be addressed in one visit;
- **Competent care** - highly trained doctors with extensive training and experience supported by an Academic Medical Centre;
- **Continuous care** - the same doctor can follow you and your family throughout your life;
- **Holistic care** - attention to the physical, psychological and social aspects of your entire family's health,
- **A team approach** - doctors and nurses working together to benefit your family's health

