



آغا خان یونیورسٹی ہسپتال، کراچی
The Aga Khan University Hospital, Karachi.

Post Instruction for IV Contrast

MR#: _____ Patient Name: _____

Date: _____ Source: _____ Procedure: _____

You had following procedure(s):

CT IVP Special Procedure Other: _____

- You received non-ionic contrast for your imaging procedure. You should drink plenty of fluids for next 24 hours. Drink should be non-dehydrating, such as water, clear juices, tea, or clear liquids such.
- If you are taking certain diabetic medication but not limited to (Glucophage, Glucophage XR, Metformin, Avandamet, Glucovance, or Metaflip) you will stop taking these medications the day contrast material is injected and will resume as directed by your physician (usually after 48 hours) If you have any questions regarding this medication interruption, or the management of your diabetes during this time period, please contact your personal physician.
- If you are breast feeding mother, discard breast milk for 24 hours after injection.
- Resume a normal diet unless your doctor has on a restricted diet.
- Resume normal activity.
- If you develop any of the following symptoms: Itching, shortness of breath, or chest pain, please comes to the Emergency Department AKU immediately.

Post Instruction for Oral Contrast

You had the following procedure(s)

X-Ray CT Fluoroscopy procedure

- You drink an oral Barium solution or received the solution. Please drink plenty of fluids for next 24 hours. The use of a mild laxative such as Lactulose following completion of the Radiological procedure may also is required if constipation occurs.
- You drink an oral solution of iodine- based contrast (Gastrografin). Drink plenty of fluids for the next 24 hours. This product can have a mild laxative effect on the body. Drink should be non-dehydrating, such as water, Clear Juices or Tea.
- If you have any side effects, please return to radiology department Aga Khan University Hospital.
- If you have any questions, please ask the department where your scan was done.